# **Mindy Butworth**

# **Occupational Therapist**

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**United States** 

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Driving license Full

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Place of birth San Antonio

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#### 01 PROFILE

Empathetic and patient-centered occupational therapist with 5+ years of professional experience. Excited to join Kagen Health to assist its patients to recuperate from injury, recover skills, and avoid disability. Supervised 4 OT assistants and designed more than 200 tailored care plans for patients.

# **02 EMPLOYMENT HISTORY**

#### 01/2019 - 07/2021

## **Occupational Therapist at Health Systems**

Brooklyn Park

Organized and applied individually designed OT treatment programs for maintaining, improving, or restoring function to all ADLs and IADLs.

- Managed ADL/ IADL activities, therapeutic exercises, as well as cognitive retraining, and motion treatment to better the patients' quality of life.
- Supervised the patients' physiological responses and vital signs to OT treatment sessions and collaborated with the multidisciplinary team members regarding these findings.
- Trained patients, their families, and caregivers regarding their treatment practices to improve their outcomes and increase rates of carrying through with the treatment plan.
- Worked together with interdisciplinary teams and facility managers to provide prime patient experiences and meet patients' needs.
- Observed and evaluated treatment effects at different stages as to adjust treatments where necessary and accomplish maximum benefit.

### 01/2017 — 12/2019

## **Occupational Therapists at BK Therapists**

Newburn

Applied care plans in a compassionate manner. Spoke to patients concerning the condition, their progress, and goals for every treatment session.

- Assessed patients according to the MD orders and designed tailored care plans (which
  included short-and long-term goals to assist rehabilitation of patients).
- Recorded treatment sessions and patient responses. Any changing needs of the patient were communicated to physicians.
- Applied emergency and safety techniques whenever needed, including CPR, requesting assistance, and stabilizing equipment.

# St. Louis University

Louisville

MSc in Occupational Therapy

Major Subjects:

- Exercise Physiology [
- Exercise Science
- · Patient Assessment
- · Treatment Techniques

Jan 2019 — Jul 2021

# **ABC University**

Binka

Bachelor of Science

- GPA: 3.9
- · Major: Biology
- · Graduated Summa Cum Laude

04 SKILLS

Individualized Planning

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Acute Rehabilitation

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Neuromuscular Knowledge

Augmentative and

Alternative Communication

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Stress and Pain Management

**05 ACCOMPLISHMENTS** 

- Organized and managed specialized OT treatment plans of 60+ patients.
- Oversaw and organized training for 7 Occupational Therapist Assistants.
- Designed and conducted individual plans of care for 25+ adult patients between the ages of 17-67.
- Began the research, designing, and equipment setup of the practice's first sensory gym, which was completed three months ahead of schedule.

06 HOBBIES

Debating, Violin, Poetry

**07 LANGUAGES** 

**English** 

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Spanish

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French

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