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| Jamie Laurent |
| |  |  | | --- | --- | | Receiver | (123) 456 7890 | | Open envelope | [email@gmail.com](https://www.resumeviking.com/templates/word/) | | Map with pin | 123 Anywhere Street, Any City |   **Instructor** |

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| **User PROFILE**  Experienced fitness instructor who can motivate people to exercise by demonstrating techniques, customizing routines for various levels of fitness, and monitoring programs. Created a social media page to generate interest and increase profitable enrollment. Referrals also increased because of satisfied clients |
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| **Briefcase WORK EXPERIENCE** | |
| **06/2016-10/2020** | **Instructor – St Mary’s Gym**   * Choreographed fitness routines for both beginner and intermediate level groups * Chose specific music to suit the general age group of the class and was open to their suggestions. * Recorded group and individual progress through the 11-week training program. |
| **06/2014-05/2015** | **Instructor - Northvilee High School Swim Club**   * Developed lesson plans based on the skill level and athleticism of students. |

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| **Graduation cap EDUCATION** |
| **Ashford University (2019)**   * Bachelor in Educational Sciences |
| **Red Cross (2017)**   * Basic CPR & First Aid |
| **Tri-Dot (2016)**   * Certified Triathlon Coach |
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| **Muscular arm SKILLS** | |
| **Classroom Management** |  |
| **Grading** |  |
| **Biology** |  |
| **Lessons** |  |