

# MIA GARCIA

NURSE

TO: DR. BROWN, PHOENIX HOLISTIC HEALTH

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Dear Dr. Rowntree,

I write to express an interest in your accelerated nurse midwifery programme for recently-qualified CNMs. During my seven-year nursing career, I have always sought to learn from the best, and there is no better place than at Mount Bisai.

After graduating with a BSN from NYU Rory Meyers College of Nursing I worked as a licensed RN for four years and then decided to take my Masters in Nurse Midwifery. I passed my CNM two years ago, and as a relatively recent Certified Nurse Midwife, I am conscious that the learning process has now firmly moved into the delivery room.

A broad range of experience from prenatal to delivery and postpartum care ensures that I can make a difference in terms of caring for my patients' needs. I have worked with obstetricians on 150+ complicated cases and while I have a firm grounding in high-risk conditions, I am keen to take on more theory and practice at Mount Sinai. I was commended for lowest rates of c-sections amongst my graduating cohort and I believe that my empathetic interpersonal skills and caring patient advocacy have been central in not losing a baby thus far. Sadly, it happens, but I am driven to do everything that I can in my power for it not to be on my watch.

Education is an important aspect of the birthing journey and I strive to take every opportunity to advise around nutrition, exercise, rest and general wellness. Nine months is a long time to care for a baby inside you.

Every day matters. I have 90 letters of recommendation from new parents – many of which focus on how my prenatal efforts have contributed to a sense of calm preparedness when it is time for baby to arrive.

I would welcome a chance to get to know your maternity team and glimpse what I might be like to work with you. I love the job and I want to be the best midwife that I can be.

Yours sincerely,

Mia Garcia

